



AUGUST 22–24, 2025

INDIANAPOLIS MARRIOTT DOWNTOWN
INDIANAPOLIS, INDIANA



2025

ACG'S FUNCTIONAL GI & MOTILITY DISORDERS SCHOOL & MIDWEST REGIONAL POSTGRADUATE COURSE

ACG'S FUNCTIONAL GI &
MOTILITY DISORDERS SCHOOL

EARN **8.5 CME**
UP TO CREDITS

EARN **8.5 MOC**
UP TO POINTS

MIDWEST REGIONAL
POSTGRADUATE COURSE

EARN **10.75 CME**
UP TO CREDITS

EARN **10.75 MOC**
UP TO POINTS

2025

ACG'S FUNCTIONAL GI & MOTILITY DISORDERS SCHOOL & MIDWEST REGIONAL POSTGRADUATE COURSE

**MARK YOUR CALENDAR AND JOIN YOUR
COLLEAGUES FOR THE ACG FUNCTIONAL GI &
MOTILITY DISORDERS SCHOOL AND MIDWEST
REGIONAL POSTGRADUATE COURSE, AUGUST 22-24,
2025, IN INDIANAPOLIS**

Join your colleagues in Indianapolis for ACG's one-day Functional GI & Motility Disorders School and the weekend Midwest Regional Postgraduate Course. Both events will be held at the Indianapolis Marriott Downtown, ideally situated in the heart of the city with plenty to discover. Between sessions, take a scenic stroll along the Indianapolis Canal Walk or explore White River State Park, home to the Eiteljorg Museum, Indiana State Museum, and Indianapolis Zoo.

For more on what there is to see and do in Indianapolis, please visit [visitindy.com](https://www.visitindy.com).



WHO SHOULD ATTEND

These programs are designed for gastroenterologists, gastroenterology trainees, primary care physicians, nurses, physician assistants, nurse practitioners, and other members of the health care team interested in the latest information on diagnostic GI and state-of-the-art treatment of GI illnesses.

AUGUST 22–24, 2025

INDIANAPOLIS MARRIOTT DOWNTOWN, INDIANAPOLIS, INDIANA

PROGRAM DESCRIPTION

ACG's Functional GI & Motility Disorders School

This one-day program will review current goals of therapy and management strategies for IBS, utilizing the ACG clinical guideline for the management of irritable bowel syndrome as a primary resource. As part of a comprehensive approach to determining and assessing ways to improve communication, diagnosis, and management of patients with IBS, CIC, and other functional GI diseases, the Functional GI and Motility Disorders School program will have a direct impact on clinicians.

A special Product Theater luncheon presentation hosted by Ardelyx will be offered on Friday, 12:25 pm - 12:55 pm, titled "Integrating a Different Mechanism of Action, a Different Class of Therapy, Into the Treatment of Adults with IBS-C." Industry-sponsored programs provide additional educational opportunities for attendees. These programs are independent of the ACG programs. ACG is not the continuing medical education provider of these programs. For more information, see the company sponsor.

Midwest Regional Postgraduate Course

The field of gastroenterology continues to experience an introduction of novel diagnostic techniques and therapeutic options affecting numerous areas of GI disease management and patient care. This program explores those areas which the gastroenterologist often faces in clinical practice and addresses management updates in a variety of gastrointestinal and hepatic areas. During this course, multiple topics will be explored such as updates in MASLD diagnostics and therapeutics, differentiating food allergies from sensitivities, IBD in the geriatric population, plus full sessions focused on treating functional illness and on hepatology issues will be offered. Additionally, hear directly from the experts about polypectomy techniques, stone and stricture management, and dysplastic BE during the Best Techniques of 2025 session. The structure of the program includes a mix of didactic presentations delivered by expert faculty, case presentations, and significant Q&A opportunities.



REGISTER BY JULY 24 AND SAVE:
MEETINGS.GI.ORG

COURSE DIRECTORS:



DARREN M. BRENNER, MD, FACP



BAHARAK MOSHIREE, MD, MSc, FACP

FRIDAY, AUGUST 22, 2025

7:00 am Registration and Continental Breakfast/
Visit Exhibit Hall

7:50 am Welcome and Introductions
*Darren M. Brenner, MD, FACP, and
Baharak Moshiree, MD, MSc, FACP*

Session 1: Colon Conundrums

Moderator: Darren M. Brenner, MD, FACP

8:00 am Common Perianal Problems: Why Am I
Itching, Burning, and in Pain?
Leila Neshatian, MD, MSc
Describe common symptoms and treatments
for perianal lesions (hemorrhoids, fissures)
and recurrent causes of rectal pain (levator ani
syndrome, proctalgia fugax, coccygodynia).

8:20 am What Is the Best Treatment for Chronic
Idiopathic Constipation? OTCs, FDA-
Approved, or a Combination of Both?
Baharak Moshiree, MD, MSc, FACP
Describe current treatments for constipation
(OTCs, prescription, food, CAM, vibrating
capsules) and when each should be considered.

8:40 am Why Is My Constipation Refractory? What
to Do After Initial Therapies Have Failed
Brooks D. Cash, MD, FACP
Discuss when and how to assess for other
causes of constipation (anatomical, functional)
when standard laxatives have failed, and the
evidence-based strategies for treating them.

9:00 am Why Can't I Control It? Updates on the
Prevalence, Causes, and Treatments of
Fecal Incontinence
Leila Neshatian, MD, MSc
Define the prevalence of fecal incontinence
and its underlying etiologies and subtypes,
and provide newer evidence-based strategies
to treat this disorder.

9:20 am Panel Discussion / Q & A

9:35 am Break/Visit Exhibit Hall

Session 2: Movin' on up Through the GI Tract

*Moderator: Baharak Moshiree, MD, MSc,
FACP*

9:45 am How I Do It—Confidently Diagnosing
IBS in 5 Minutes

Darren M. Brenner, MD, FACP
Emphasize the accuracy of subjective
criteria for IBS and discuss how
practitioners can be comfortable with
the diagnosis without performing
extensive diagnostic testing.

10:05 am I Have Nausea But no Idea What Is
Causing It: Strategies for Assessing
and Treating a Common Condition
David J. Levinthal, MD, PhD
Identify common causes of nausea and
define the best diagnostic pathways for
identifying and treating this condition.

10:25 am I Have Medication-Refractory
Gastroparesis: Is a G-POEM or
Gastric Electrical Stimulator More
Appropriate for Me?
Baharak Moshiree, MD, MSc, FACP
Address how refractory gastroparesis
is defined and identify appropriate
candidates for endoscopic and/or
surgical interventions.

10:45 am Lost in the Weed: I Have CVS or CHS
but Marijuana Really Seems to Help
David J. Levinthal, MD, PhD
Discuss diagnostic and therapeutic
strategies for cannabinoid hyperemesis
syndrome and cyclic vomiting syndrome,
and address when CBD derivatives should
be used or dissuaded in individuals with
these and other nausea-related disorders.

11:05 am Keynote Lecture: Food as Medicine
William D. Chey, MD, FACP
Discuss the role of food in the
development and alleviation of
symptoms in individuals with DGBIs.

11:50 am Panel Discussion / Q & A

12:05 pm Break / Lunch Provided /
Visit Exhibit Hall

Session 3: Healing DGBIs With Non-Pharmacological Therapies

Moderator: Baharak Moshiree, MD, MSc, FACG

**1:05 pm When East Meets West: The Role of
Acupuncture in Treating DGBIs**
Shuqing Ding, LAc, CMD, PhD
Describe the data on the use of acupuncture
to treat disorders of gut-brain interaction
and its appropriate positioning in treatment
algorithms.

**1:25 pm What Happens When I Refer a Patient for
Pelvic Floor Physical Therapy?**
Kendra Erven, DPT
Discuss and demonstrate how physical
therapy techniques and biofeedback
are used to treat constipation and fecal
incontinence.

1:45 pm Panel Discussion / Q & A

Session 4: FGIDs—From the Stomach to the Esophagus

Moderator: Darren M. Brenner, MD, FACG

**2:00 pm What to Do When Things Are Moving Up:
Belching and Rumination**
Marcelo F. Vela, MD, MSCR, FACG
Define belching and rumination disorders,
identify methods to clinically diagnose these
disorders, and discuss treatment strategies.

2:20 pm Treatment of Dyspepsia
Darren M. Brenner, MD, FACG
Recognize gastrointestinal disorders which
present similarly to IBS (e.g., EPI, CSID, BAD)
and address ways to differentiate between
them.

**2:40 pm What About When They CanNOT Move
Up? Abolchia**
Marcelo F. Vela, MD, MSCR, FACG
Discuss retrograde cricopharyngeal
dysfunction (RCPD) and an evidence-based
approach to evaluation and management.

3:00 pm Panel Discussion / Q & A

3:15 pm Break/Visit Exhibit Hall

Session 5: Thinking Outside the Box for DGBI Therapeutic Strategies

Moderator: Baharak Moshiree, MD, MSc, FACG

**3:30 pm When all Else Fails or First-Line
Interventions? Neuromodulators for
DGBI**
Brooks D. Cash, MD, FACG
Discuss the role of neuromodulators (e.g.,
TCAs, SSRIs, SNRIs, etc.) in the treatment
of disorders of gut-brain interaction and
whether they should be used initially or
when other therapeutics have failed.

**3:50 pm Beyond Traditional Pharmaceuticals:
The Role of CAM in DGBIs**
Andrea S. Shin, MD, MSCR
Describe the biological plausibility of
complementary and alternative therapies
and how they can be used to treat
disorders of gut-brain interaction.

**4:10 pm Putting the “B” in DGBI: Support From
the Central Nervous System**
Sarah Kinsinger, PhD
Recognize the utility of brain-gut
behavioral therapies in the treatment of
disorders of gut-brain interaction, the role
of digital therapeutics, and discuss how to
determine the appropriate candidate for
CBT vs GDH.

4:30 pm The Role of the Microbiome in DGBI
Andrea S. Shin, MD, MSCR
Describe the role alterations in gut
microbiota, microbiome, and metabolome
play in the development and maintenance
of disorders of gut-brain interaction, and
identify where there is enough current
evidence to support use of microbial
therapeutics to treat them (FMT, pre/pro/
postbiotics, etc.).

4:50 pm Panel Discussion / Q & A

5:05 pm Course Wrap-Up and Take-Away Points
*Darren M. Brenner, MD, FACG, and Baharak
Moshiree, MD, MSc, FACG*

5:15 pm Course Adjourns

COURSE DIRECTORS:



DARREN M. BRENNER, MD, FACP



KATHRYN E. HUTCHINS, MD, FACP

SATURDAY, AUGUST 23, 2025

7:00 am Registration and Continental Breakfast / Visit Exhibit Hall

8:00 am Welcome and Introductions
Darren M. Brenner, MD, FACP, and Kathryn E. Hutchins, MD, FACP

SESSION 1: What's New in Your Practice: Practical Guideline Updates
Moderator: Kathryn E. Hutchins, MD, FACP

8:10 am **Is Triple Therapy Obsolete? Updates on *H. pylori* Treatment**
William D. Chey, MD, FACP
Identify the optimal treatment strategy for *H. pylori* eradication.

8:30 am **Updates in Celiac Disease: Is Gluten Avoidance Still the Answer?**
Amy S. Oxentenko, MD, FACP
Assess and discuss current research and understanding of celiac disease and evaluate the possible alternatives to a gluten-free diet.

8:50 am **MASLD: Changes in Nomenclature, Diagnostics, and Novel Therapeutics**
Nancy S. Reau, MD, FACP
Examine the updated nomenclature and diagnostic criteria for MASLD and explore advancements in diagnostic and therapeutic tools.

9:10 am Panel Discussion / Q & A

SESSION 2: Gastrointestinal Rarities But Consultative Commonalities
Moderator: Darren M. Brenner, MD, FACP

9:25 am **Are My Patient's Symptoms Related to a Connective Tissue Disorder (CTD)?**
Lucinda A. Harris, MD, MS, FACP
Identify and treat common gastrointestinal symptoms and disorders in the context of CTDs.

9:45 am **Does My Patient Have a Mast Cell Disorder?**
Sarah C. Glover, DO
Define the role of mast cells in GI symptom development and summarize the appropriate diagnostic and treatment recommendations for mast cell-related GI illnesses (e.g., systemic mastocytosis, MCAS, etc.).

10:05 am **Are My Patient's Symptoms Due to a Food Allergy or Sensitivity?**
Brian E. Lacy, MD, PhD, FACP
Differentiate food allergies from sensitivities and appraise whether testing for them is appropriate within the context of a GI evaluation.

10:25 am Panel Discussion / Q & A

10:40 am Refreshment Break / Visit the Exhibit Hall

SESSION 3: Inflammatory Bowel Disease

Moderator: Kathryn E. Hutchins, MD, FACG

11:00 am Caring for the Golden Years: Optimizing Treatment Approaches for Elderly Patients With Inflammatory Bowel Disease

Adam S. Faye, MD

Outline the unique approach to managing IBD in the geriatric population.

11:20 am Beyond the Bowels: Exploring Effective Medications for EIMS of IBD

Anita Afzali, MD, MPH, MHCM, FACG

Discuss the treatment approach for effective management of extraintestinal manifestations in IBD.

11:40 am Taking Control: A Guide to Healthcare Maintenance for IBD Patients

Kathryn E. Hutchins, MD, FACG

Review the healthcare maintenance recommendations beyond those of the general population for patients with IBD.

12:00 pm Panel Discussion / Q & A

12:15 pm Break / Lunch Provided

12:40 pm Keynote Luncheon Presentation

Introduced by Darren M. Brenner, MD, FACG

Present and Future Roles of Artificial Intelligence and Medical Extended Reality in Gastroenterology

Brennan Spiegel, MD, MSHS, FACG

Summarize the current landscape of AI/MXR in gastroenterology and how these technologies may shape future clinical practice.

SESSION 4: Best Techniques 2025:

Resection Tips From the Experts

Moderator: Kathryn E. Hutchins, MD, FACG

1:15 pm Appropriate Polyp Resection

Douglas E. Rex, MD, MACG

Define an effective approach to polyp resection including when to use water immersion and other advanced polypectomy techniques.

1:35 pm Barrett's Esophagus: LGD, HGD, and Intramucosal Carcinoma

Srinadh Komanduri, MD, MS

Identify appropriate management strategies for dysplastic Barrett's esophagus (when to watch, burn, freeze, or resect).

1:55 pm Stones and Strictures

Judy A. Trieu, MD, MPH

Discuss the latest advances in the approach to endoscopic management of biliary stones and strictures.

2:15 pm Panel Discussion / Q & A

2:30 pm Break / Dessert in the Exhibit Hall



**REGISTER BY
JULY 24 AND
SAVE!**



SATURDAY AFTERNOON GENERAL SESSIONS »

REGISTER ONLINE:
MEETINGS.GI.ORG



2:50 pm **The Placebo/Nocebo Effects: A Primer on Interpretation and Application in Clinical Practice**

Anthony J. Lembo, MD, FACC

Define placebo/nocebo effects and describe their roles in clinical treatment trials and how they impact our interpretation of clinical results.

3:20 pm **Exploring Enteral and Parental Nutrition in GI Illness**

Carol E. Semrad, MD, FACC

Discuss rationale for and different types of enteral and parental nutrition for a range of GI disorders (IBD, short bowel, gastroparesis).

3:50 pm **Updates on Esophageal Motility Testing: Practicality for Clinical Practice**

C. Prakash Gyawali, MD, FACC

Compare the benefits and drawbacks of current modalities, justify their place in diagnostic algorithms, and discuss how to best implement the findings into clinical practice.

4:20 pm **Mastering the Flames: A Comprehensive Approach to Acute Pancreatitis Management**

Allison L. Yang, MD, MPH

Summarize the 2024 ACG acute pancreatitis guideline, with a focus on the early medical management of AP and management of complications.

4:50 pm **Course Adjourns for the Day**

SUNDAY, AUGUST 24, 2025

**7:00 am Continental Breakfast /
Visit the Exhibit Hall**

7:55 am Welcome and Announcements
*Darren M. Brenner, MD, FACG and
Kathryn E. Hutchins, MD, FACG*

SESSION 5: Controversies in GI: Individual Illness or a Spectrum of Symptoms?

Moderator: Darren M. Brenner, MD, FACG

8:00 am Functional Constipation vs IBS-C
Darren M. Brenner, MD, FACG
Define IBS-C and functional constipation utilizing standard criteria, and address whether these are truly indistinguishable from both diagnostic and therapeutic perspectives.

8:20 am Functional Dyspepsia vs Gastroparesis
Linda Anh B. Nguyen, MD, FACG
Compare and contrast symptom profiles and treatments for functional dyspepsia and gastroparesis, addressing discrepancies in international definitions and guidelines.

8:40 am Bloating vs Distention
Baharak Moshiree, MD, MSc, FACG
Illustrate key features, discuss whether objective diagnostics are warranted, and address appropriate treatments for bloating and distention.

9:00 am Panel Discussion / Q & A

**9:20 am Refreshment Break /
Visit the Exhibit Hall**

SESSION 6: Highlights in Hepatology

Moderator: Kathryn E. Hutchins, MD, FACG

9:40 am Focal Liver Lesions
Reena J. Salgia, MD
Differentiate benign and malignant liver lesions based on clinical and radiologic findings, and describe appropriate management.

10:00 am Alcohol-Associated Liver Disease

Loretta L. Jophlin, MD, PhD

Review the new guidelines for ALD, and discuss new treatments for severe alcoholic liver disease including the role for early liver transplantation.

10:20 am Management of Esophageal Varices

Marco A. Olivera-Martinez, MD

Compare the new role of beta blockade versus endoscopic management for esophageal varices, and review the rationale behind the change from previous approaches.

10:40 am Panel Discussion / Q & A

11:00 am Course Wrap-Up and Take-Away Points

*Darren M. Brenner, MD, FACG and
Kathryn E. Hutchins, MD, FACG*

11:15 am Course Adjourns



REGISTRATION INFORMATION

There are separate registration fees for ACG's Functional GI and Motility Disorders School and the Midwest Regional Postgraduate Course. The registration fee for each course includes admission to all sessions, continental breakfasts, lunch on Friday for Functional GI & Motility Disorders School attendees, lunch on Saturday for Midwest Regional Postgraduate Course attendees, and refreshment breaks. All registrants must pay the full registration fee; partial registration is not available. A full refund of registration fees will be given, less a \$25 administrative fee, if written notice of cancellation is received by ACG by **July 24, 2025**. No refunds will be given after this date. Attendees must register online at meetings.gi.org.

ACG'S FUNCTIONAL GI & MOTILITY DISORDERS SCHOOL		
ACG MEMBER TYPE	EARLY BIRD (On or Before 7/24)	FEE (After 7/24)
Physician	\$125	\$175
Resident / Trainee / Candidate	\$75	\$125
Associate / Advanced Practice Provider	\$125	\$175
Student	\$25	\$25
NON-MEMBER TYPE		
Physician / PharmD / PhD / Guest	\$175	\$225
Resident / Trainee	\$100	\$150
NP / PA / Allied Health (RN, LPN)	\$175	\$225
Student	\$50	\$50

MIDWEST REGIONAL POSTGRADUATE COURSE		
ACG MEMBER TYPE	EARLY BIRD (On or Before 7/24)	FEE (After 7/24)
Physician	\$449	\$499
Resident / Trainee / Candidate	\$179	\$254
Associate / Advanced Practice Provider	\$289	\$364
Student	\$50	\$50
NON-MEMBER TYPE		
Physician / PharmD / PhD / Guest	\$549	\$599
Resident / Trainee	\$229	\$304
NP / PA / Allied Health (RN, LPN)	\$349	\$424
Student	\$50	\$50

MOBILE APP INFORMATION

Included with your registration is complimentary access to the course presentations via the **ACG Mobile App**. The app can be used to view faculty presentations on tablets, mobile devices, and laptops. Attendees will be able to take notes and highlight key points on the presentation slides at the event, and can continue reviewing them after the course. PDFs of the presentations can be downloaded directly from the app or can be printed from the website version of the app. Pre-registrants will receive access to the app prior to the course to view, download, or print the presentation slides. **(NOTE: A printed syllabus will not be provided.)**



ACCREDITATION / CME / MOC

The American College of Gastroenterology is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

ACG's Functional GI and Motility Disorders School

The American College of Gastroenterology designates this live activity for a maximum of 8.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 8.5 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Midwest Regional Postgraduate Course

The American College of Gastroenterology designates this live activity for a maximum of 10.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate



with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 10.75 Medical Knowledge MOC points in the ABIM's MOC program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

ACCOMMODATIONS

The programs will be held at the Marriott Indianapolis Downtown located at 350 W. Maryland Street, Indianapolis, IN 46225. The room rate is \$189/night + tax (currently 17%).

✓ Book online: the 2025 link is:
book.passkey.com/e/50888388
or call 1-317-822-3500

Reservations must be made by 5:00 pm ET on July 24, 2025, in order to receive the special meeting rate. Only a certain number of rooms are available at this rate and on a first-come, first-served basis. Once ACG's room block is sold out, the hotel may charge a higher rate for any additional rooms made available. Requests for reservations received after this date will only be on a space-available basis. All reservations require a deposit of one night's room and tax. Cancellations made within 72 hours of check-in will be charged one night's room and tax.

MORE INFORMATION

For more information about these programs, contact ACG at education@gi.org. Americans with Disabilities Act (ADA): Attendees of these programs who need additional reasonable accommodations or who have special needs (including dietary needs) should contact the ACG office at registration@gi.org no later than **July 24, 2025**.





AMERICAN COLLEGE OF GASTROENTEROLOGY

11333 Woodglenn Drive, Suite 100
North Bethesda, MD 20852

2025

ACG'S FUNCTIONAL GI & MOTILITY DISORDERS SCHOOL & MIDWEST REGIONAL POSTGRADUATE COURSE

AUGUST 22–24, 2025 | INDIANAPOLIS MARRIOTT DOWNTOWN
INDIANAPOLIS, INDIANA



**REGISTER BY
JULY 24
AND SAVE!**
meetings.gi.org